



**Dr A Anzarut, MSc, CIP, MD, FRCSC**

**Plastic and Cosmetic Surgery  
ASSH Fellowship trained hand surgeon**

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#### **POST-OPERATIVE CARE FOR DERMABRASION**

**DRESSING CHANGES** - The dressings will need to be changed daily starting 24 hours after the procedure. Clean water is used to soak the old dressing off and to wash the area. Then pat dry. After this apply Polysporin ointment to the area. Next apply a non-stick dressing. Finally apply a dry gauze. This is held in place with *paper* tape or a tensor. Daily dressing changes continue for two weeks. There are many types of Polysporin ointment and non-stick dressings. They are all equally effective. I recommend asking your pharmacist which is the most economical.

**LONG TERM AFTER CARE** - During the first year it is important to protect the area from the sun. Sun exposure during this period can lead to hyper-pigmentation.

**CONTACT** - If you have concerns or questions contact the office at 250-597-2064. If you are unable to get through to the office and you have an urgent concern you can call Dr Anzarut on his cell phone at 250-510-4668.